



des Grands Bains du Monêtier

TREATMENTS MENU

SPA BY  
**CODAGE**



# SOINS & MASSAGES

des Grands Bains du Monêtier

For centuries, the Grands Bains du Monêtier has welcomed wellness enthusiasts thanks to its naturally warm water rich in beneficial minerals.

Escape to our **Treatment & Massage Area**, a place designed for your comfort and well-being. Our expert practitioners put their know-how at the service of your serenity, combining professional techniques and precise movements for a unique sensory experience.

Immerse yourself in a serene atmosphere and let yourself be pampered, to release your tensions, revitalize your body, and soothe your mind, a timeless interlude for complete and memorable well-being.



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## CODAGE

a French high-end cosmetics company, offers personalized treatments and exceptional tailor-made formulas that reveal the uniqueness of each skin type. Its philosophy: the essentials, with precise movements, high-quality ingredients, and sensory formulas that respect the environment and the sensitivity of your skin.

Inspired by the periodic table of elements, these cocktails of active ingredients work in synergy to meet the needs of each skin type. Carefully measured, they provide the epidermis with the nutrients essential for its balance and radiance. Each unique combination of Nutri-elements makes up the formula for your treatment and creates a "CODAGE" specific to your skin.

**CODAGE**  
PARIS

## CODAGE FACIAL CARE

### CUSTOMIZED TREATMENT

Your practitioner will take the time to talk with you to analyze your skin type and understand your needs. Your treatment combines cleansing, exfoliation, massage, and a mask to moisturize, purify, and restore radiance and vitality to your skin.

30 min    60 min    80 min  
65€        120€        165€

### HYDRATING BOOST / RADIANCE BOOST / ANTI-AGING TREATMENT

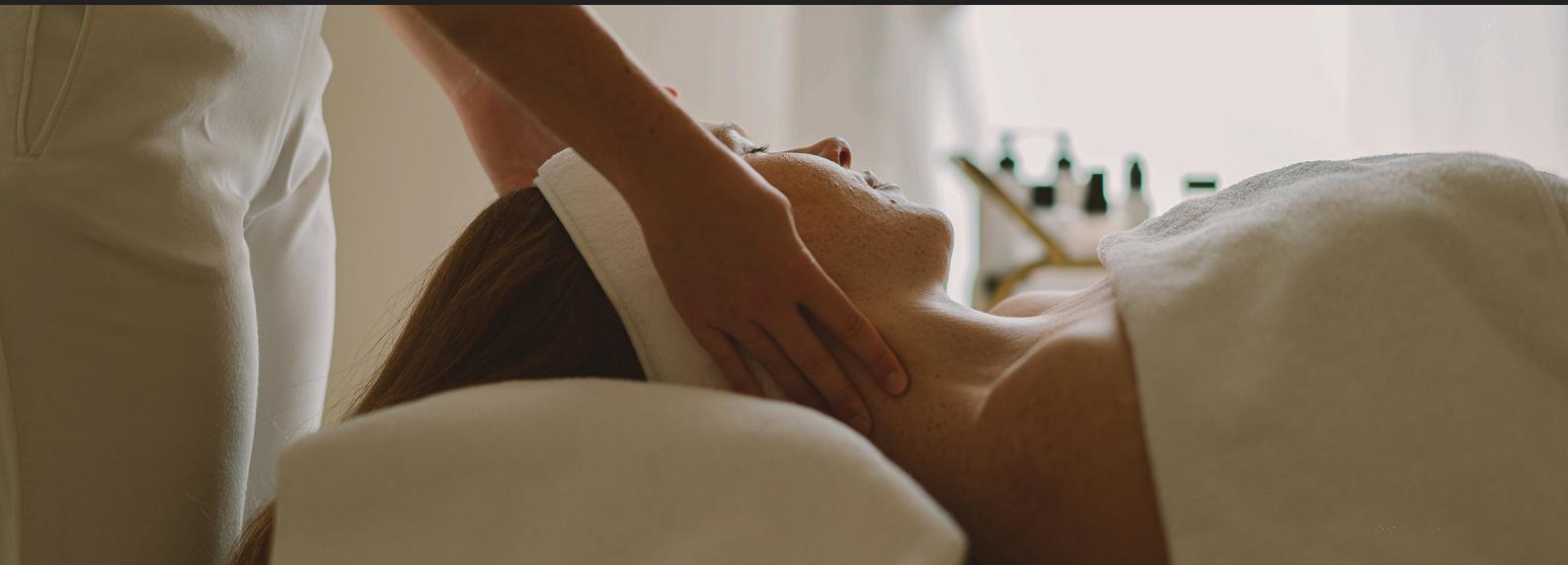
Do you know what your skin needs? So do we.

Choose the ritual that suits you best from our three treatments:

- The Hydrating Boost, for intensely hydrated and plumped skin.
- The Radiance Boost, to reveal your complexion's natural luminosity.
- The Anti-Aging, to smooth, firm, and restore vitality to your skin.

60 min

120€



Except for the affusion treatments, all treatments on this menu can be shared as a duo upon request.



## CODAGE BODY CARE

### CUSTOMIZED MASSAGE

Treat yourself to a treatment that is entirely customized to your needs. The professional will adjust the pressure and techniques to provide you with a moment of relaxation and well-being that is tailored to you.

30 min    50 min    80 min

65€    110€    165€

### DISCOVERY / SPORT / EXFOLIATING MASSAGE

Treat yourself to a relaxing break with a massage that suits your needs:

- The Discovery massage, to transport you to a place of harmony.
- The Sport massage, to release tension and relax the body.
- The Exfoliating massage, to purify the skin and restore a feeling of lightness.

50 min

110€

### PREGNANCY MASSAGE (4 to 7 month)

Soft and enveloping, this massage offers the mother-to-be a moment of calm and harmony. It releases tension, relaxes the body, and invites deep relaxation. A break to honor this very special time in a woman's life.

50 min

110€

### HOT STONE MASSAGE

An ancestral treatment with multiple benefits, hot stone massage invites you on a sensory journey to deep relaxation. The diffused heat of the volcanic stones envelops the body in a cocoon of softness.

60 min

115€

### BODY SCRUB

An exfoliating treatment that removes dead skin cells, leaving the skin soft, smooth, and radiant, while stimulating circulation for a pleasant sensation of freshness, lightness, and well-being.

40 min

70€

### HAND OR FEET TREATMENT

A complete treatment for the hands or feet : exfoliation to remove impurities and dead skin cells, a relaxing massage to ease tension, and moisturising to leave your hands or feet soft, nourished and revitalised.

30 min

52€



## SIGNATURE TREATMENTS

### LE GRAND BRIANÇONNAIS

A truly relaxing experience where the body is exfoliated and nourished with goat's milk from our mountains, followed by a facial massage and the application of a rich cream for soft, glowing skin.

50 min

120€

### LA LUEUR DE LA ROTONDE

A complete ritual for body and mind: candle treatment (50 minutes) and customized Codage facial treatment (30 minutes), included in 4 hours of access to La Rotonde Spa, for a moment of absolute and prolonged relaxation.

80 min

220€

## WATER TREATMENTS

### CLAY WRAP

A clay wrap treatment using naturally warm spring water: remineralizes, softens, and revitalizes your skin, while preparing it for deep hydration.

40 min

65€

### BALNEOTHERAPY

A bath with hydromassage jets in the naturally warm water of the Monêtier spring to relax muscles and stimulate circulation.

20 min

30€

### AFFUSION SCRUB

A scrub under a stream of warm water that removes impurities, stimulates circulation and leaves the skin soft and revitalized.

30 min

60€

### AFFUSION TREATMENT

A relaxing treatment performed under a stream of warm water to moisturize, soothe and revitalize the skin while providing a pleasant feeling of well-being.

30 min

65€



## WAXING

EYEBROWS OR LIPS 14€

ARMPITS OR SINGLE BIKINI LINE 20€

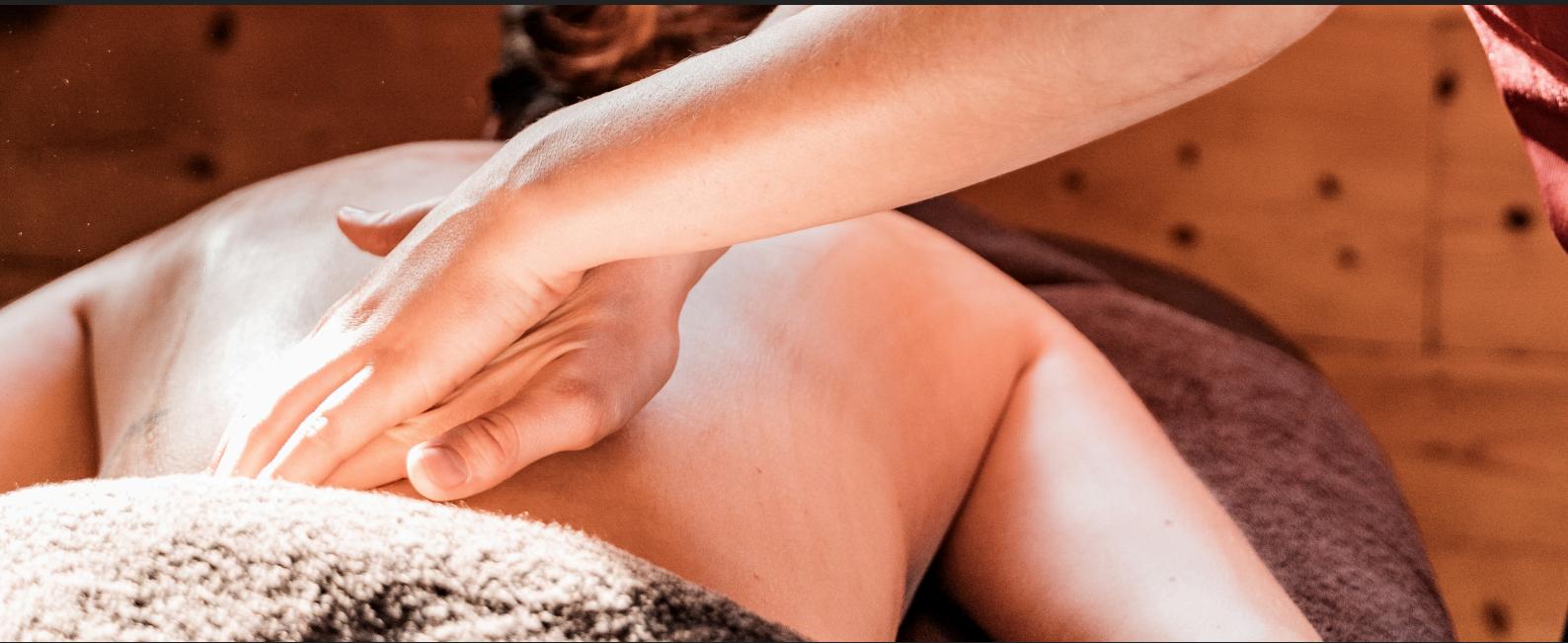
BIKINI LINE 24€

FULL BIKINI LINE 28€

HALF LEGS 28€

FULL LEGS 35€

BACK 28€



*Non-contractual document. The general terms and conditions of sale, prices and treatments offered are subject to change at any time. Latest version and up-to-date information available at [lesgrandsbainsdumonetier.fr](http://lesgrandsbainsdumonetier.fr)*

## PREPARE FOR MY VISIT



A linen kit (bathrobe, towel and slippers) will be provided at reception for your treatment.



### **The minimum age for access to treatments is 10 years old.**

Not all treatments are available for children.

From 10 to 18 years old: a legally responsible adult must accompany the teenager in the treatment room during the treatment.



Please arrive at least 20 minutes before the scheduled time at the reception of the Spa La Rotonde (2nd floor). Late arrivals will only be tolerated insofar as they do not affect the treatment schedule.

Depending on the length of the delay, the treatment time may be reduced.



Expectant mothers are welcome; however, many treatments are not recommended during pregnancy. Please inform us at the time of booking so that an appropriate treatment can be arranged



### **Access & parking :**

- **By car :** Please allow extra time for parking, as the public car park located opposite the baths may be full.
- **By bus :** Shuttle no. 6 serves the Grands Bains. For more information, visit [monaltigo.fr](http://monaltigo.fr).



**Informations & bookings**  
on [lesgrandsbainsdumonetier.fr](http://lesgrandsbainsdumonetier.fr)

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